

# Rising Kindergarteners

Have fun learning this summer!

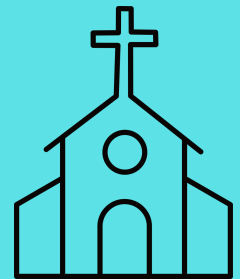
## Weekly Summer Checklist

### Try to complete these each week:

- Read 5 books (join summer reading program at your local library)
- Practice letter recognition A-Z (uppercase and lowercase)
- Count to 20
- Write your name (first letter uppercase, rest lowercase on writing lines)
- Draw and talk about a picture
- Play outside and explore (metro parks have great free programs)

### Tips for Families

- Keep learning fun and relaxed
- Short practice (10–15 minutes) is enough
- Spend time with God by praying, reading your bible, and attending church each week



## Social & Emotional Skills

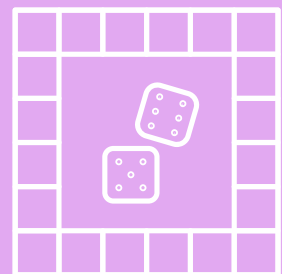
Goal: Build independence and school readiness

### Practice Ideas:

- Practice taking turns
- Follow 1–2 step directions
- Clean up toys independently (obey right away)
- Talk about feelings (pause and think before reacting)
- Practice giving a friend a message by using words (please do not get in front of me in line) if that doesn't work, then get parent/teacher help!

### Try This:

- Practice sharing and turn-taking, learn how to win/lose with a positive attitude
- Follow directions at home
- Practice morning and bedtime routines



## Literacy (Reading & Writing)

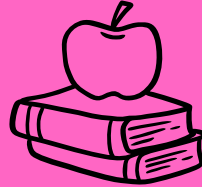
Goal: Build early reading and communication skills

### Practice Ideas:

- Read together every day (10–15 minutes)
- Talk about the story (Who? What happened? Favorite part?)
- Practice recognizing uppercase and lowercase letters (A–Z)
- Practice writing first name on writing lines (start with a capital letter and then lowercase after)
- Play rhyming games or books (cat/hat, dog/log)

### Try This:

- Read 5 books each week
- Practice letters (5–10 minutes)
- Draw a picture and tell a story about it



## Learning Through Play

Children learn best through play and exploration!

### Try This:

- Go on nature walks and talk about what you see (free programs at metro parks)
- Ask questions: “Why do you think that happened?”

- Build, create, and explore

### Independent Skills

- Dress themselves (buttons, zippers, coats, hats, gloves)
- Use restroom independently
- Pack book bag on their own
- Emotionally able to separate from parent
- Able to open all items packed in lunchbox (go on a picnic and see if they can successfully eat the lunch you pack on their own)
  - o Bento lunch boxes where everything is open and ready to eat



## Fine Motor Skills

Goal: Strengthen hands for writing

### Practice Ideas:

- Coloring and drawing
- Cutting with scissors
- Playing with playdough
- Tracing lines and shapes

### Try This:

- Color or draw daily
- Practice using scissors
- Build letters with playdough

## Math Skills

Goal: Build number sense and problem-solving

### Practice Ideas:

- Count objects (toys, snacks, steps)
- Recognize numbers 0–20
- Compare amounts (more/less)
- Sort items (by color, size, shape)

### Try This:

- Count to 20
- Practice writing numbers (0-10)
- Play simple math games (cards, dice, board games)

