

MIDDLE SCHOOL 6-8

Summer Bridge Activities

SPIRITUAL WALK

- Invite a friend to youth group, or find a youth group if you don't have one.
- Make church a habit
- Begin your day in the Word
- Start a prayer journal: prayers on the left, answered prayers on the right.
- Volunteer to help at VBS



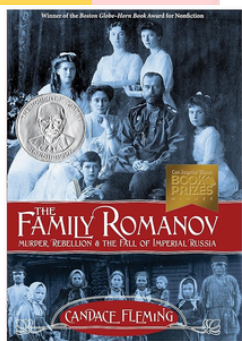
READING/WRITING AR WEBSITE

- Aim to read at least one book every two weeks and take an AR quiz on your reading.
- Challenge yourself to read nonfiction books, or articles, in between your fiction choices.
- You can find non-fiction articles in your AR account.
- Keep a journal. It is good for your mental health, and it will boost your writing skills.
- Annotate in the margins of your reading book, then exchange books with friend to read. It's like a conversation between books (just don't do it in a LIBRARY book!)

REQUIRED READING

INCOMING 8TH GRADE ONLY

The Family Romanov
by Candace Fleming



This book provides necessary background knowledge for the first book you will read in your English class. Please BUY the book so you can annotate it, complete the summer assignment, and have it for the first quarter.

- As you read, ANSWER THE QUESTIONS given to you last week of school (lost them? They are posted on the school website) in a single-subject spiral notebook.
- Answers must be written in LEGIBLE CURSIVE, in INK in QIA format to receive full credit.
- This will be your first grade of the first quarter.



Summer Bridge Activities cont.

MATH

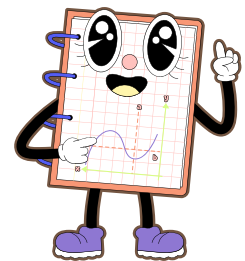
REQUIRED ASSIGNMENT ALL GRADES:

Khan Academy

1. Log in to your Khan Academy account to see the summer assignment for your class.
2. Take the course challenge
3. Start your course 😊
4. It is important to practice your math to avoid the summer slide and keep skills sharp and quick.

KEY SKILLS TO PRACTICE: Operations with Decimals, Fractions, and automaticity with math facts at least through the 12s.

It is important that you log in to your school account. **DO NOT** create a new account.



WRITING

- **PRACTICE YOUR CURSIVE:** you will be using it a lot next year.
- **Snail Mail:** Exchange letters through the mail with a friend or a relative.
- **Journal:** Challenge yourself to record your daily life in a journal for 30 days.
- **College Research:** start thinking about colleges you might like to attend. Write to them, asking them to send you information by mail.
- **Vocabulary notebook:** Start a vocabulary notebook where you write down words you see or hear that you don't know. If you can't think of any, open your dictionary and pick one - then try to use it.

GROW YOUR BRAIN

- **Research about YOUR brain**
 - the effects of nutrition, sleep, stress, and technology
- **New Hobby**
 - Start a new hobby:
 - musical instrument
 - crocheting
 - drawing or painting
 - reading
 - puzzles (like Sudoku)
 - Learn to cook
- **Play board games (not on your phone) with your family/siblings/friends**
 - Chess
 - Trivial Pursuit
 - Scattergories
- **Volunteer**
 - vet clinic/animal shelter
 - VBS
 - Helping elderly neighbors



Summer Bridge for Parents

Reading Activities

- **Shared Reading:** find articles for you and your student to both read and discuss
- **Read Aloud:** Have your student read aloud to you. Stop them periodically to ask them about what they read.
- **Book to Movie:** Have your student read a book adapted into a movie. When they finish, watch the movie together and have them critique its quality.
- **Share your favorite book:** share one of your favorite books from when you were your students' age.
- **Family book club:** have everyone read & discuss the same book.
- **Schedule reading into the summer schedule:** set days and times for everyone to gather in the living room to read.
- **Attend the Columbus Book Festival July 11-12**

Parenting with Purpose:

Resources for Raising Hearts & Minds

- Capable by Susie Goff
- The Things You Have to Do Before I Buy You a Phone by Adam Ferguson
- The Anxious Generation by Jonathn Haidt
- The Gift of Failure by Jessica Lahey
- Wild Things: The Art of Nurturing Boys by David Thomas
- Untangled by Lisa D'Amour (for parents of girls)
- The Emotional Lives of Teenagers
- The Learning Habit by Stephanie Donaldson Pressman

Life Skills that Build Academic Skills

- **Budgeting:**
 - Have your student plan a family meal. Give them a budget to shop for supplies, and have them do the shopping.
 - Have older students figure out the cost for the family vacation. Then have them figure out how many hours they would have to work at minimum wage to afford it.
 - Give younger students a vacation budget for wants. You cover needs.
- **Practice Cooking:** while doing so, have your student double or halve a recipe.
- **Scheduling:** Hold weekly family meetings to review the upcoming week. Let students see how you manage deadlines and responsibilities. (This will hopefully encourage use of their planner in the fall).
- **Boredom:** Have no screen days (tv or phone). Let them experience boredom - this is often the birth of creativity.
- **Have a take-your-child-to-work day if possible:** give them a sneak peek into the real world.
- **Pick 10:** Pick 10 life skills your child should know by the time they turn 18 and teach them one a week (ex, how to change a tire, do laundry, make a grocery list, etc.)
- **Home Improvement:** Share with them an improvement you would like to make to your home, and have your student research how much it would cost.
- **Family Writing Round Robin:** Everyone sits at the table with a piece of paper and starts a story. After 5-10 minutes, pass your story clockwise. Give another 5-10 minutes for everyone to continue the story they have been given. Round ends when you get your paper back.. Everyone takes 5-10 minutes to write their own ending and then share your stories.