

Dear Grace Christian School Families,

I am joyfully anticipating the start of the 2020-2021 school year and want to share with each of you the procedures that are being implemented to aide in the prevention and spread of COVID-19 and other illnesses. These procedures are based on the current recommendations and are subject to change as we receive information from our local health authorities.

### **Daily Health Assessment Check-In**

The purpose of the daily health checklist is to help ALL persons (staff, students, etc.) who seek to enter our facilities or events the signs and symptoms that preclude them from participating. The Governor's and Health Director's orders require that all businesses have a method of health check, and the self-check we are using is least invasive.

This checklist (see Attachment) will be posted at all entrances. If the answer is "YES" to any of the questions, entrance will not be permitted.

- Student health must be assessed by parents or guardians before coming to school each day. This checklist must be completed and documented in School Pass-look for more information with instructions coming soon! Please make sure you own a reliable thermometer, with a back- up at all times.
- School staff will also be required to self- assess for symptoms each morning and document in School Pass.

A person should not come to school or remain at school under any circumstances if she/he displays any of the following:

- Signs or symptoms of a fever in the past 24 hours such as chills, sweat, felt feverish or had a temperature of 100.4F or greater.
- Cough
- Shortness of breath/ Difficulty breathing
- Sore throat
- Nasal congestion/Runny nose
- Body aches
- New loss of taste and/or smell
- Diarrhea/Nausea/Vomiting
- Fatigue
- Headache

Any person determined to meet these criteria during the school day will be placed in a designated isolation area at school. It is essential that every family has a plan for picking up an ill child within 30 minutes and that all contact information is current. It is wise to have a family member/friend as back-up in case you are unable to get to school within 30 minutes.

### **Procedure For Return To School**

If Presenting with Symptoms:

- Must test negative for COVID-19, have a letter of clearance from physician/local health authority, have improving symptoms and be fever free for 24 hours without the use of medication OR
- If not cleared by a physician, remain out of school for 10 days, be fever free for 24 hours without the use of medication and have improving symptoms for 24 hours.

If POSITIVE for COVID-19

- Remain out of school at least 10 days from the onset of symptoms and
- Free of fever for 24 hours without the use of fever reducing medication and
- Improving symptoms for 24 hours and
- Have a letter of clearance from physician or local health authority

If Instructed to Self- Quarantine for Close Exposure:

- Remain home for 14 days
- Have a letter of clearance from physician or local health authority

Covid-19 is a Class A reportable disease. We will communicate with our health officials when students or staff members have tested positive and will fully cooperate with their guidance. All isolation and quarantine periods will be provided in accordance with the recommendations of our health authorities.

## Hygiene Practices at School

Throughout the school day, teachers and staff members will teach and reinforce healthy hygiene practices. Six feet of distancing will be maintained when possible. Children will be required to wash their hands during 3 separate scheduled times during the day with soap and water for at least 20 seconds. In addition, alcohol based hand sanitizers will be at all entrances to the building and in all individual classrooms. As recommended for schools in the state of Ohio, we strongly encourage all students in Grade 3 and above to wear a mask that snugly covers their nose and mouth. In addition, all staff will be required to be masked. Water bottle filling stations have replaced the drinking fountains. Recess will be outside when weather permits. Students will remain with their class and not intermingle on the playground area. Classes will be assigned locations throughout the campus/playground and rotate on a schedule. All playground equipment will be sanitized daily. Cleaning protocols throughout the campus have been enhanced focusing on frequently touched surfaces during the school day. More in depth cleaning will occur outside of school hours, including the use of an Electrostatic Spray.

Thank you in advance for your attention to these details. I know this is a lot of information. As always, feel free to contact me if you have any questions and I will do my best to share new information as it becomes available. Please remember that as we navigate through this pandemic together, these temporary measures and protocols are being followed to help keep the GCS community healthy and safe.

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# DAILY HEALTH ASSESSMENT CHECK-IN

## Review below Questions

- If “YES” to any one of these questions, you are not allowed to enter the building.

### 1 TEMPERATURE

**Have you had any signs or symptoms of a fever**

in the past 24 hours such as chills, sweat, felt “feverish” or had a temperature that is elevated (100.4 F or greater)

### 2 SYMPTOMS

**Do you have any of the following symptoms?**

- Cough
- Shortness of breath /chest tightness
- Sore throat
- Nasal congestion/runny nose
- Body aches/Chills
- Loss of taste and/or smell
- Diarrhea/Nausea/Vomiting

### 3 EXPOSURE

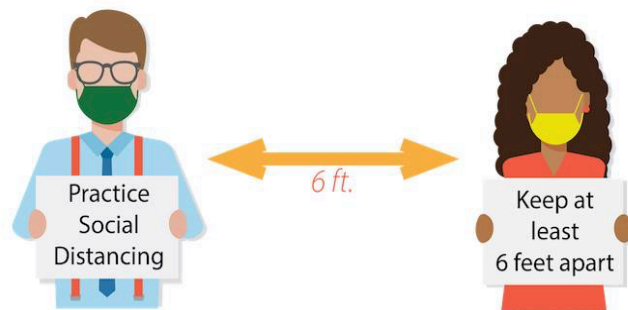
**Have you been in contact**

with someone with a confirmed diagnosis of COVID-19 within the last 14 days?

#### *While in the building:*

1. Maintain social distancing, keeping a minimum of 6’ distance apart.
2. Wear a cloth face covering your nose and mouth or a face mask.
3. Wash Hands upon entering and frequently for a minimum of 20 seconds.
4. Contact your supervisor if you become ill at work.

## TIPS FOR USING CLOTH FACE COVERINGS



Even when wearing a face covering, practice **social distancing and stay home when sick.**



# COVID-19 Tracking Form Instructions

Circle the symptoms that the person is experiencing:

1. Cough/ difficulty breathing
2. High fever  $\geq 100.4$
3. Headache/ fatigue
4. Sore throat/congestion/  
runny nose
5. Chills/body shakes
6. Muscle aches
7. Nausea, vomiting, diarrhea
8. New loss of taste or smell
9. Exposure to person with  
COVID-19

## If **YES** to #9 only

- Individual **must stay home** from work/school for 14 days, OR as directed by the public health authorities, OR cleared by health care provider.

## If **YES** to any symptom

- Individual **must stay home 10 days after 1st symptom** AND be free of fever without fever reducing medication AND improving symptoms 24 hours before returning; OR cleared by healthcare provider.

## If **NO** to all

- Individual is **unlikely to have COVID-19**. Report to school/work when well.

**EXPOSURE =**

10+ minutes within 6 ft of person (with or without a mask) who has been diagnosed with COVID-19